

GLUTEN FREE MAINS

Tacos

Served with salad, jalapeños,
salsa, guacamole, sour cream and cheddar cheese

- Ground Beef £11

- Mexican Re-fried Bean (v) £10

GLUTEN FREE NACHOS

All made with a combination of Monterey Jack and Cheddar cheese,
topped with homemade salsa and sour cream. Add guacamole for an extra 50p

- Just Cheese (v) £5

- Mexican Re-fried Beans (v) £6

- Special — Goats Cheese, Roasted Red Peppers, Olives, Sundried tomatoes (v) £6

- Pulled Chilli Beef— slow cooked shredded beef £7

GLUTEN FREE TAPAS

Olives marinated in chilli & garlic (v)	£4
Sweet Peppers stuffed with cream cheese	£4
Padron Peppers pan-fried green chillies sprinkled with rock salt. 1 in 10 of these are hot but the rest are mild! (v)	£4.5
Chorizo sautéed in red wine with chillies, garnished with fresh coriander	£4.5
Patatas Bravas potatoes topped with a spicy Spanish style tomato sauce	£4.5
Hot & Spicy Chicken Wings marinated in our secret sauce	£6
Spicy Enchilada Meatballs 3 x pork and beef meatballs stuffed with cheese and covered with our enchilada sauce. Add an extra meatball for 1.50	£6
Goats' Cheese Salad with olives, sun blushed tomatoes, roasted peppers & goats' cheese (v)	£6
Mexican Bean & Veg Stew a spicy Mexican bean stew made with delicious grilled vegetables and pinto beans (v)	£6
Bar eS Special Spare Ribs – delicious tender pork ribs marinated in our famous rib sauce	£6.5
Gambas Pil Pil succulent king prawns sautéed with oil, garlic and chillies (usually served with bread which is not gluten free. Please ask for gluten free option when ordering).	£7

- Gluten free beers also available, please enquire at the bar! -